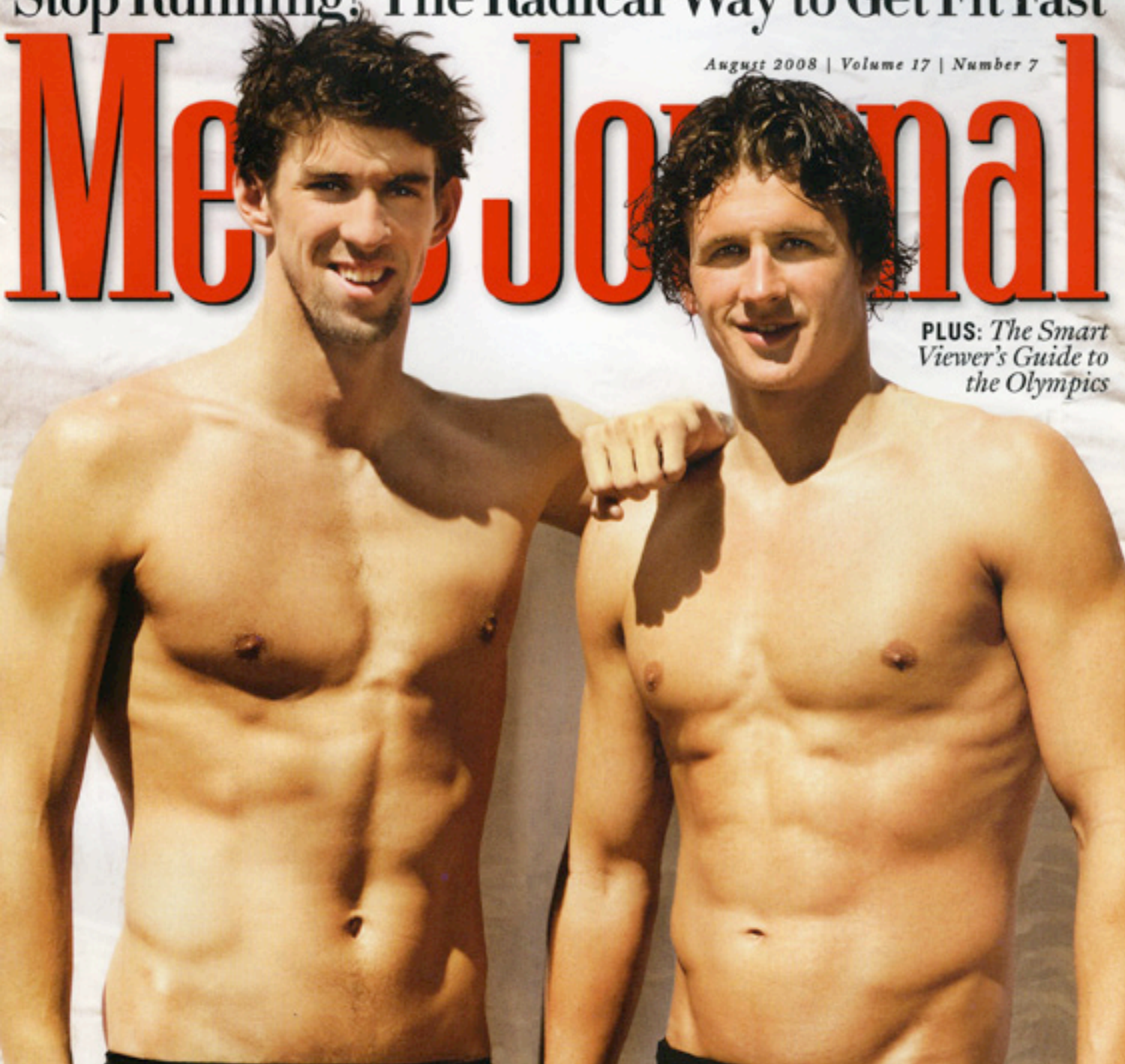


Stop Running! The Radical Way to Get Fit Fast

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PLUS: The Smart Viewer's Guide to the Olympics

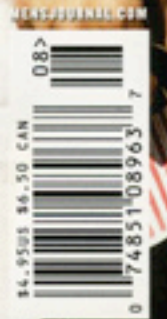
Olympic Showdown

MICHAEL PHELPS VS RYAN LOCHTE
Intense Rivals, Great Friends, and the Race of Their Lives

The Warrior in the Senate
by Tom Brokaw

Kayaking Baja's Lost Coast

Tested & Rated
BEST NEW ROAD BIKES



STYLE

SHADES FOR EVERY STYLE

TRADITIONAL, ATHLETIC, OR TRENDY — NO MATTER YOUR STYLE, ONE OF THESE NEW PAIRS OF SUNGLASSES IS BOUND TO BECOME YOUR FAVORITE SUMMER ACCESSORY. by JOSH FULMER

TORTOISESHELL



CLASSIC

Gucci GG1586/s
A simple, boxy design makes these shades versatile enough to pair with any ensemble — whether you're dressed up or down. The retro-style plastic frames surround lightweight lenses that offer 100 percent UV protection (\$265; gucci.com).



SPORTY

Smith Capital
Lightweight, scratch-resistant lenses block UV rays without sacrificing clarity. A tough plastic frame and a nonslip rubber nose and temple pads keep it all budgetproof when the going gets interesting (\$179; smithoptics.com).



MODERN

Salt Optics Terry
Handcrafted acetate frames surround polarized, prism-free lenses that reduce glare and eyestrain. With four color combinations to choose from, the Terrys are a style that you can match to just about any attire, from a three-piece suit to denim (\$325; saltoptics.com).

BLACK



Persol 649
With timeless Persol style, the 649s wrap a sculpted acetate frame around polarized crystal lenses for increased clarity and glare reduction. A flexible bridge and four size options mean these glasses will fit any face (\$360; persol.com).



Oakley Tangent
The Tangents ward off UV rays, glare, and even dust and dirt with multicoated polarized lenses. Sturdy yet stylish acetate frames house alloy hinges and stem tips, making these specs as suitable for the trail as for the corner cafe (\$235; oakley.com).



Prada Linea Rossa
Here, Prada mounts UV-blocking lenses in sleek and lightweight plastic frames. A subtle brushed-metal strip across the top adds a streamlined flair that distinguishes this model from the more ubiquitous black wrap shades (\$255; prada.com).

AVIATOR



Ermenegildo Zegna SZ3072
Nothing beats an updated classic, and Zegna improves upon the venerable aviator by wrapping the entire stem of this metal-framed pair in soft leather. Customize yours with one of five color choices or with polarized lenses (\$345; zegna.com).



Nike Supercharged 800
Proving that sports shades needn't be plastic, the Supercharged 800s hold UV-blocking polycarbonate lenses in lightweight, highly flexible metal frames. An adjustable nosepiece and rubber-coated stems mean that they stay put (\$250; nike.com).



Alexander McQueen AMQ 4097
The AMQ 4097s offer a twist on the traditional aviator: Here, a metal frame is paired with wooden earpieces that are mounted with spring hinges for comfort. Tinted glass lenses block the full spectrum of UV rays (\$320; alexandermcqueen.com).